



Ms. Nalubwama Joyce is one of the many farmers who have been trained by AFIRD on maximum utilization of the limited available resources for increased agricultural productivity. She lives on her confined piece of land and appreciate the efforts imparted to her and her fellow group members on how to improve food and nutrition security alongside income generation at household level.

For that reason, she decided to grow a number of **organic** vegetables, spices and herbs after realising that there is an existing and profitable market for organic produces. The customers are coming on a weekly basis to her small farm to buy her organic produces. This has greatly improved her income status which has enabled her to enhance her family and personal living status. She has even gone ahead to hire another piece of land to expand on her enterprise.

### IMPACT

- Improved food and nutritional security
- Improved land productivity
- Increased income at household level
- Empowerment of women entrepreneurship for sustainability

### Experience description

AFIRD promotes sustainable agriculture practices (SAP) among small-holder farmers. Interventions focus on environmental conservation practices such as agro-forestry, use of energy saving stoves and making soil and water conservation structures (trenches and contours). This is done majorly by building capacity of farmers through trainings (practically and theoretically). AFIRD supports farmers, who are organized in groups.



### Other characteristics



#### BENEFICIARIES

- Small-holder farmers and their household with special emphasis on gender
- Farming communities
- School communities



#### CHALLENGES

- Land conflicts and evictions
- Pest and diseases
- Climate change



#### LESSONS LEARNED

- Change of mind-set is necessary.
- Adoption of technologies is better with practical training
- Togetherness leads to success
- It's never too late to start